



# Elite Powerlifting Federation

## Presents the

# NE Regional Championships

## **FULL POWER EVENT - ENTRY FORM**

**DATE:** SATURDAY, SEPTEMBER 27, 2025

**TIME:** 8:30 A.M.

**RULES BRIEFING:** 9:00 A.M.

**PLACE:** FITCHBURG STRENGTH & FITNESS GYM, 15 Oakhill Lane, Fitchburg, MA 01420 (978) 870-4725

**WEIGH INS:** Friday, SEPTEMBER 26, 2025 from 6:00pm-8:00pm and Saturday from 8:30am-9:00am **MEET STARTS 10:00 AM**

**SANCTION:** ELITE POWERLIFTING FEDERATION

**UNIFORM:** WRESTLING SINGLET OR SPANDEX SHORTS/PANTS AND T-SHIRT. NO OTHER UNIFORM WILL BE ACCEPTED

**NO LOOSE OR BAGGY CLOTHES. IF YOU ARE OUT OF UNIFORM YOU WILL NOT LIFT!!**

\*\*\*All bench shirts are allowed in the equipped division. RAW means no bench shirts or suits \*\*\* **BE PREPARED**

**\*\*\*\* NO LATE ENTRIES AFTER SEPTEMBER 17th NO EXCEPTIONS!! \*\*\*\***

**ENTRY FEES:** 1 Division **125.00** 2 Divisions **\$175.00** Additional Divisions **\$50.00** each

**SPECTATOR FEE:** ADULTS **\$10.00** 12 and under FREE at the door.

**LIFTS:** **Squat, Bench and Deadlift** You must have a EPF membership Card on the day of the Show

**ELIGIBILITY:** Open to any athletes 13 years or older ~ Everyone receives an Award **DIVISIONS:**

**MENS CLASSES:** OPEN, 114.5, 123.25, 132.25, 148.75, 165.25, 181.75, 198.25, 220.25, 242.5, 275.5, 308.5, SUPERS.

**NOVICE MEN** **TEEN MEN** (13 – 15) **TEEN MEN** (16-17) **TEEN MEN** (18-19) **JUNIOR MEN.** (20-23)

**MENS SUBMASTER:** (33 - 39) **MENS MASTER:** (40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70 PLUS)

**WOMENS OPEN:** 97,105,114.5,123.25,132.25,148.75,165.25,181.75, 198.25, Unl. **JR WOMEN:** (13-23) **SUB MASTER** (33-39) **MASTER:** (40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70-Plus)

**TOP 5 BY FORMULA INCLUDE NOVICE, TEEN, JR, SUB MASTER & MASTER**

SEND ENTRY FORM & MAKE **CHECK/MONEY ORDER** PAYABLE TO: Elite Powerlifting Federation,

c/o George Lazzareschi, Jr., 1 Almond Drive, Johnston, RI 02919 TELEPHONE (401) 837-5984

**Checks must clear before the event. We do not except checks on day of contest**

**PRESIDENT:** GEORGE LAZZARESCHI, Jr. 401-837-5984 or elitepowerlifting@gmail.com

DETACH HERE

**\*\*\* CHOOSE YOUR DIVISION(S) \*\*\***

**YOU MUST HAVE AN EPF MEMBERSHIP CARD WITH YOU THE DAY OF THE SHOW-CARD CAN BE PURCHASED THE NIGHT OF THE WEIGH-IN OR DAY OF THE SHOW \$ 15.00 ADULT \$10.00 HIGH SCHOOL & COLLEGE - GOOD FOR 1 YR !!**

**\*\*FULL POWER\*\***

RAW

or

EQUIPMENT

**\*\*FULL POWER\*\***

Teen Men \_\_\_ Jr Men \_\_\_ Open Men \_\_\_ Sub Men \_\_\_ Master Men \_\_\_ Jr. Women \_\_\_ Open Women \_\_\_  
Sub-Master Women \_\_\_ Masters Women \_\_\_

Novice (1st time Lifters) \_\_\_ Police \_\_\_ Fire \_\_\_ Correctional Officers \_\_\_ Military \_\_\_ High School \_\_\_ College \_\_\_

You're acceptance of this entry; I hereby intend to be legally bound for my self, my heirs, executors and or administrators waive and release any and all rights and claim from damages I may have against Fitchburg Strength & Fitness Gym, the EPF, George Lazzareschi, Jr., his agents, representatives & assigns for any and all injuries at said weightlifting meet and traveling to and from this contest.

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ AGE \_\_\_\_\_ SEX: \_\_\_\_\_ BODY WEIGHT: \_\_\_\_\_ (Best guess)

MAILING ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP CODE: \_\_\_\_\_ PHONE: \_\_\_\_\_

(ALL ENTRIES MUST BE COMPLETED TO ENTER) SIGNATURE \_\_\_\_\_

Lifter (PARENT OR GUARDIAN IF UNDER 18)

EMAIL \_\_\_\_\_ This is how we will inform you of changes in this contest. NO SPAM we promise!

**www.elitepowerlifting.com**